

BROW LIFT

Forehead Lift/Lateral Brow Lift/
Coronal Brow Lift

GRUMPY APPEARANCE NO MORE WITH BROW LIFT SURGERY

Brow Lift is known in the plastic surgery world as Forehead lift, Lateral Brow Lift or Coronal Brow Lift. This procedure aims to get rid of the horizontal lines, furrows, excess skin and fatty tissues hanging over the eyes that sometimes give people an angry, sad or tired appearance and to restore youthful appearance.

This procedure can be combined with a facelift or eyelid surgery, however a brow lift may actually correct the problems that made you consider these other procedures in the first place.

Surgical Procedure

This procedure involves raising the eyebrows and underlying muscle, to smooth the forehead, minimise frown lines and correct abnormally low eyebrows to their original position. The surgeon starts the incision at ear level, runs across the top of the forehead (hidden behind the hairline) and then back down the other side. Once the incision has been made and the underlying tissue has been removed, the brow will be lifted and the excess skin at the incision removed. The wound is then sutured or stapled closed. This procedure may also slightly stretch the upper eyelids, resulting in a younger appearance.

Hospital Admission

The surgeons recommend a one night hospital admission

Duration of Operation

The procedure may take one hour

Anaesthetic

Forehead Lift is normally done using General anaesthesia in which the patient is asleep for the surgery.

Pre Operative Care

Surgeons advised that patients to do the following prior to the forehead lift surgery to avoid post operation bleeding or any complications:

- Inform the surgeon of any allergies, all medical conditions, and any medication that the patient are taking (both prescription and non-prescription)
- Avoid aspirin and any medication containing aspirin or brufen for two weeks before surgery.
- Avoid smoking for two weeks as smoking can affect body's reaction to the anaesthetic and slow down the healing process.

- Checkup for any major medical problems such as diabetes, high blood pressure, heart disease

During your consultation, you should discuss your expectations of the outcome of the surgery and listen to the surgeon's opinion.

If you have short hair, you may wish to let it grow so that you will be able to easily conceal the scar while it is healing.

Post Operative Care

After Coronal Brow Lift the patient may experience some pain associated with the surgery. When the procedure is completed, a patient is advised of the following:

- **Stitches and Dressings.** Your surgeon will remove any dressings within 24 hours of your procedure. The stitches or staples will usually be removed after 1 week.
- **Medications.** Prescriptions for pain medication that the patient will take as needed, and antibiotics are administered to avoid any potential risks.
- **Swelling and bruising.** There may be some swelling and bruising around the eyes, but this will generally fade within 2 weeks after the surgery.
- **Strenuous Activities.** Patients are advised to avoid any strenuous activities such as jogging, heavy housework, sex, bending, or any activity that may increase blood pressure. Exposure to the heat or sun should be limited for several months following surgery, including spas and saunas.
- **Recovery.** Recuperation usually takes about a week. Most people are back to work after two weeks.

Risks and Complications

Risks are inherent to any surgical procedure. But do not worry, all precautions are taken by Plastic Surgery Phuket's surgeons to avoid these risks.

Here are the most common risks of this surgery:

- Swelling
- Bruising
- Bleeding
- Infection
- Fluid
- Long and heavy Scarring
- Numbness
- Changes in sensation due to damage nerve. This is usually temporary and progressively rectifies itself within 12 months of the procedure.

If you have thin hair, the scar may be more visible than with patients who have thick hair. Hair does not grow through scar tissue. A hair transplant may be needed later to correct this problem. These risks are reduced, but not eliminated, with a new procedure where the brow is lifted endoscopically.

Very occasionally, nerve damage may lead to a loss of ability to raise the eyebrows or wrinkle the forehead. Additional surgery can correct the problem. Loss of sensation along or around the incision is also common, but this is usually temporary. Rarely does this affect patients permanently.

Results

Almost all clients are happy with the results of lateral brow lift and achieve a younger appearance. The procedure controls the visible signs of aging.

Brow Lift Vs Brow Suspension

Brow suspension requires fewer and smaller incisions as the procedure is performed endoscopically. This means that it is less invasive than the traditional brow lift procedure or laser treatment, however brow suspension may only last up to 6 years, and then the procedure may need to be repeated. Usually, two small incisions are made in the brow and another two in the hairline, directly above the eyebrow incision. A catheter is then used to tunnel underneath the skin, between the brow and hairline incisions, pulling the muscle tight. Then sutures are used to hold the eyebrows in an elevated position. This is a relatively new procedure and it is vital that you obtain a highly qualified and skilled surgeon who has been trained and recognized in this procedure. Younger patients may not need a brow lift as a combination of Botox, New fill and Laser Treatment combined, should provide optimum results.